

SWEET ONION & ARTICHOKE SALAD

Salad Ingredients:

3 cups baby greens
3 cups baby spinach
2 Walla Walla Sweet Onions, sliced
6–8 artichoke hearts, large sized
1/2 cup grape tomatoes
1/2 cup black olives
Salt and pepper to taste

Basil Vinaigrette Ingredients:

4 oz. Apple Cider vinegar
6 oz. Extra Virgin olive oil
2 cloves garlic, minced
2T basil, dried
1T Dijon Mustard
2T sugar
Salt and pepper to taste

1. In a bowl combine all ingredients and toss with vinaigrette.

NOTE: marinate artichoke hearts in 1/3 cup of vinaigrette dressing for 1 hour.

*Courtesy of: Chef Dave Munson and
Keystone Fruit Marketing*